

WHEN A WOMAN TELLS

BY RUTH AGNES ABELING.

Tom—how did he happen to see me? It was like so many of the other things he had done. He always seemed to know just what I was doing and just where he could find me.

I thought for a second of the events of the afternoon before. There was a time of bitterness and then it was gone. I was too tired to care. Nothing mattered very much, it seemed. All I wanted was to rest.

I tried to sink more deeply into the pillows and go to sleep.

As the day wore on and I awakened again, I found myself wanting to talk.

Lila had come and was standing looking out of my window. I spoke to her.

"What happened while I was away?" I asked, remembering Lila's trouble and hoping it had been brought to a happy solution.

"Nothing," she said. And as she came toward me I could see tears glistening in her eyes.

"I've done nothing but hope, dear—I'm trying to believe that he'll come back and I'll have my chance—but I'm afraid I won't."

She sat down on the bed and I wondered sometimes what has happened to the house of Ames. It used to be a place of happiness, but now it seems nothing but tragedy comes to it.

"It's just what we've brought on ourselves—we've each been so thoughtful."

And then I asked the things which had been in my mind since I first awakened.

"Had Tom called to ask about me?"

"Certainly—he almost got me out of bed!" Lila laughed. "Why didn't you tell me?"

you tell me that Tom is your—side kick!" she finished with a word she had picked up somewhere on the street.

"But he isn't!" I managed to say. And then turned my face to the wall.

I had a faint feeling that Tom was mine after all, but I couldn't account for the circumstances which had come recently. They confused me and made me feel uncertain.

"I wouldn't fight it, Helga—and don't throw your happiness away as I have done!" Mrs. Ames was very gentle.

I had been warned so much about Tom and so many people had insisted that I marry him that I began to feel superstitious about him. Perhaps it all meant that I should not have him after all.

The telephone rang. Mrs. Ames hurried to the extension in her room.

I heard her talking excitedly. Something had happened or was about to happen, and I knew from the tone of her voice that it could be nothing which would bring unhappiness.

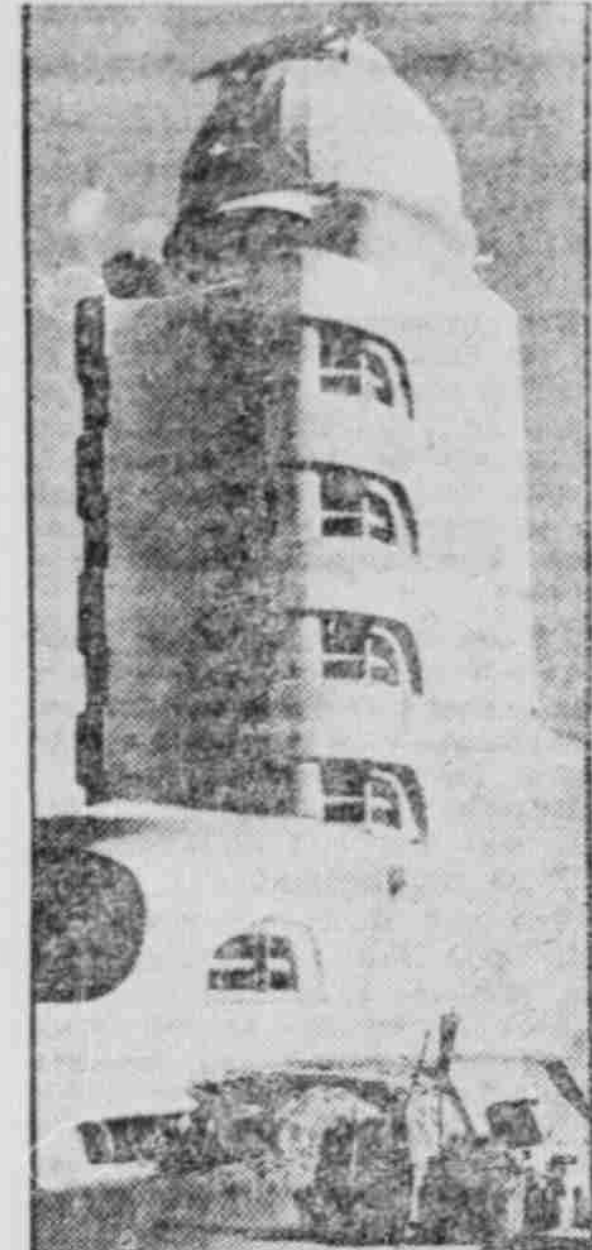
"Come just as soon as you can," I heard her say and then the receiver clicked into place.

"Tom," she announced, coming back to my room. "He is coming right out, and think of it, Helga—he says he has good news! Something about John!"

I should have to face Tom and probably—Tom in the role of my rescuer with the thought of that other thing in the back of my brain.

I wanted to believe in him, but I couldn't as things stood. Should I tell him what I heard Grace say behind the closed door of his private office, or should I let the thing drag on?

EINSTEIN TOWER TO PROVE LATE THEORY



No, it's not a German fort—just a new telescope tower erected at Potsdam to test out the Einstein theory of relativity. There's a laboratory down in the bottom of this thing and, incidentally, the telescope purchased was made in America.

HOME-MAKING HELPS

"Everything About the House Helps to Make the Home"

By WANDA BARTON

KEEPING UP WITH CHANGING CHINA PADS.

Changing of china fashions follows in the wake of changing culinary service.

Gone is the fashion of carving at table, and mere man should rejoice. With the carving done in the kitchen, the huge platter has disappeared, and with it the straight dinner set.

The up-to-date table is set forth with its napery and decorations and flowers with glassware and a service plate. This service plate is a 10 1/2-inch plate, so that the half-inch extends beyond the other plates placed on it. On the service plate are placed the relish, the soup plate or bouillon cup in turn. The bread-and-butter plate placed at the left is a five-inch plate.

The dinner plate is a 10-inch size, the fish, or game, or entree plate is an eight-inch size, and the salad and dessert plates are six and a half or seven-inch size. The Sheffield plate silver platters and vegetable dishes are used with the fine china. The chop platter is used at luncheon or to serve a special dessert.

One of the most popular plates are those of creamy old English china with gold decorations. The reason for this is that all decorations look well with china.

There are several reveals in china bidding for favor. One is the square dish and another the octagonal plate. Both are attractive if used for one course each. China made in this country has improved thing and, incidentally, the telescope purchased was made in America.

The offerings are wonderfully attractive.

Breakfasts served in the room makes the possession of the charming lustre ware a joyful excuse for its ownership.

The newest breakfast trays upon which to place the dainty sets are of willow, toast-shaped frames, with tile bottoms in exquisite colorings. The frame is higher than that of the wooden trays, and makes the dishes safer in carrying. The tile is made in a large oval of solid color with a sprawling floral decoration, flower baskets or pots of flowers.

Artinistall will submit report at commerce chamber

Consulting Engineer to Present Findings on Water Situation in City.

William Artinistall, consulting engineer, of Chicago, who has been employed by the local board of water works commissioners to investigate and report on the South Bend water situation with a view of effecting im-

provements needed, will present his first public report at the Chamber of Commerce luncheon next Monday night.

This report, which it was first decided to have read in the city council chambers next Monday night immediately following the committee meeting of the city council, will comprise approximately 25,000 words, with appendices which cover his report of 1920. The present report will also include and elaborate on the engineers' former findings. It was stated.

Charts and maps bearing specifically on the water situation are also included and made a part of the report. The report will make clear necessary improvements to obtain an increased permanent water supply for domestic use and adequate fire protection for South Bend.

Artinistall, at a meeting with the board of works commissioners, held Wednesday morning, submitted his report of investigation and recommendations for an additional water supply and the board ordered a public meeting to be held next Monday night for a public report.

5,000 JAPANESE WORKERS STRIKE

YOKOHAMA, Japan, Sept. 29. — Serious rioting has followed the strikers of 5,000 dock yard workers here. Many of the strikers have been arrested.

Seamen and dockmen of the Nippon Yusen Kaisha Co. are threatening a sympathetic strike which will tie up Japan's great shipping firm if the men go out. The workers are demanding a 30 per cent wage increase.

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YOUR HEALTH

Vacation is over and you boys and girls are back in school. Plans for the year have been made. "Conditions" have been removed and you have begun the term with "clean slates."

Have you outlined your health plan? Have you resolved to make this year mean more in the development of your body than any other year has meant?

Education will fail you if your body fails. To succeed you must have a sound mind in a sound body.

There is a great institution known as the Child Health Organization of America. This differs from most corporations. It was not founded to make money in order that it may declare cash dividends. It sells no stock. It does not ask you to subscribe for anything. Yet this corporation has undertaken to endow you with greater wealth than any financier could possibly give. It seeks to improve your health to build up your body, and to give you such a physical foundation as will guarantee for you the possibility of service through a long lifetime.

This organization has presented certain rules for health. The first of these is insistence on a full bath more than once a week.

Things to Think About.

Unless your skin is active your kidneys are called upon to do more than they are equipped to do. Their function is a delicate and so vitally necessary that any long-continued and undue demands upon them will do harm. Permanent damage to the kidneys may result from habitual uncleanness of the skin.

Your teeth must be brushed at least once every day. Good digestion depends on the thorough chewing of your food. Such action is impossible if your teeth are full of cavities and painfully tender, as they may be if not given attention every day by you, and by your dentist every few months.

More than this, the teeth may become the direct means of giving you disease. When your teeth decay the put germs may work their way through the root of the tooth into your jaw. A "blind" abscess forms, and very soon you will be absorbing this vile and poisonous material. It should be your pride to save every tooth and to keep them all white and glistening.

You should sleep many hours and always with the windows open. Rest and fresh air are nature's way of restoring your energy and building up your body. If you want a strong body and a glowing skin you must observe this rule.

Milk is the universal and perfect food. It is a pity that some boys and girls think it is "babyish" to drink milk. I am sorry, because if I had my way every child and every young man and woman would drink a quart of milk every day. No resolution can be better than the resolution to drink milk at each meal. Milk should be taken to the exclusion of tea and coffee. Growing boys and girls are better off without them.

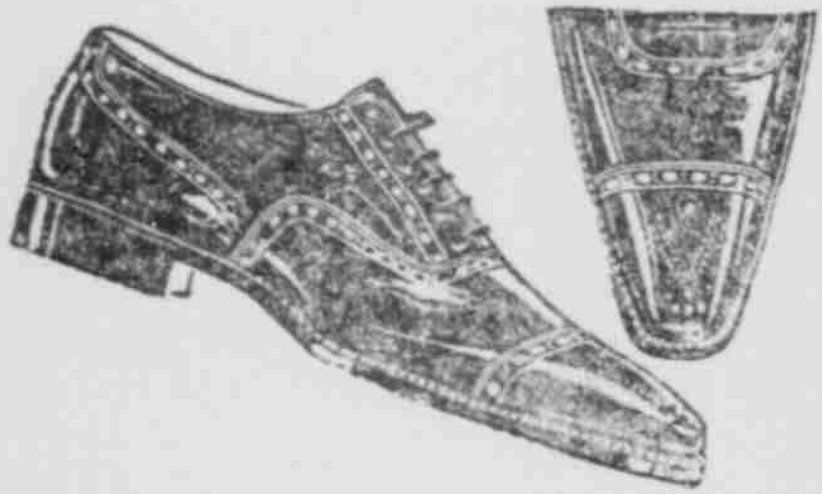
Water and Exercise.

I know no serious objection to a reasonable use of meat, but I think you children should eat fruit and vegetables in larger amounts. They contain the vitamins, the growing elements of food. You will learn to like salads, and will gladly eat these good things now that you know why they are needed by your body.

Water is the universal solvent. It is needed in large quantities to dilute the wastes, to carry to all the tissues the soluble minerals and to replenish the blood. You need at least four glasses of water every day. Out-of-door life is essential to good health. It is a temptation in stormy weather and cold days to stay indoors. City children, especially, do too much of their playing inside the house. You ought to go outdoors every day the weather isn't bad. Not a day should pass without several hours in the open air.

These seven suggestions cover the essential things which will promote health and provide strong bodies. I hope every boy and girl reading this article will follow this advice.

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